TEMPE Opportunities

Registration Dates

Tempe Residents: April 23 to May 11 Non-Tempe Residents: April 30 to May 11

Summer 2012

www.tempe.gov/brochure

T City of Tempe



PLAY LEARN LIVE GROW



Kiwanis Park Swimming Pool Activities and Pool Schedules

Swimming Lesson General Information

The City of Tempe Community Services Department provides a progressive program, certified by the Starfish Institute, for students who wish to learn or improve upon their swimming skills. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration.

A student may register for a maximum of one (1) Learn-To-Swim class using any of the registration procedures below. A student may also register for special classes in addition to a swimming class.

Students may register for additional Learn-To-Swim classes after they have completed a class. At the end of the seventh lesson, each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation three (3) days prior to the start date if minimum registration is not met.

Swim Lesson Program Class Descriptions

Parent-Assisted Lessons; 30-Minute Classes

Star Babies (8-12 Mos)

Designed to be an infant's first introduction to water adjustment with an emphasis on parent participation/education, as well as safety skills and fun. One child per adult.

Star-Infant (12-24 Mos)

Designed with an emphasis on parent participation, safety skills, comfort and fun. One child per adult.

Star-Tot (24-36 Mos)

For older tots to continue water adjustment, swim-readiness skills and safety skills. One child per adult.

Star-Shrimps (2-4 Yrs)

For preschool children who are not ready for an independent swim program, or the child who has mastered the Parent/Tot class and is ready for more swim-readiness skills. One child per adult.

Preschool-Age Lessons; 30-Minute Classes (Suggested Ages 3-5 yrs)

Sea Horse Swim School

Sea Horse White

For children ready to participate in an aquatics class on their own. Emphasis is on basic water adjustment, breath-control and floating.

Sea Horse Red

Prerequisite Skills: Blow bubbles, fully-submerge unassisted; front and back float with support.

Sea Horse Yellow

Prerequisite Skills: Jump into four (4) feet of water; float for five (5) seconds, back and front.

Sea Horse Blue

Prerequisite Skills: Jump-in and swim 10 feet, return; back glide 10 feet.

Sea Horse Green

Prerequisite Skills: Tread water 15 seconds, swim 20 feet with side-breathing; backstroke with kick, 20 feet.

School Age Lessons; 30-Minute Classes (Suggested Ages: 6 yrs+)

Starfish Swim School

White/Red

Prerequisite Skills: For the child with little or no formal instruction in aquatic skills. Class emphasis is on water adjustment skills, bubbles and breath-control, submerging, and front and back float with flutter-kicking.

Yellow

Prerequisite Skills: Jump into 4 feet of water; float for 5 seconds, back and front.

Blue

Prerequisite Skills: Jump-in and swim 10 feet and return; back glide 10 feet.

Green

Prerequisite Skills: Tread water 15 seconds, swim 20 feet with side-breathing; backstroke with kick, 20 feet.

Starfish Stroke School

White/Red

Prerequisite Skills: Jump-in, swim 25 yards freestyle and return with rhythmic-breathing; 25 yards backstroke.

Yellow

Prerequisite Skills: Freestyle and backstroke 50 yards; butterfly kick 10 yards.

Rlua

Prerequisite Skills: Freestyle and backstroke 75 yards; butterfly 10 yards; breaststroke kick 10 yards.

Green

Prerequisite Skills: Swim 100 yards freestyle and backstroke; 25 yards butterfly; 25 yards breaststroke.

Adult Lessons

Adult Beginner

Prerequisite 15 yrs+. Class is designed for adults who wish to learn how to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to the front crawl, back float and safety skills.

Adult Intermediate

Prerequisite 15 yrs+. Class is designed for adults who have mastered the beginner skills and can swim 25 yards using the front crawl.

Adult Stroke Improvement

Prerequisite 15 yrs+. Class is designed to improve upon and refine current skills rather than teach strokes.

Adult Fitness

Water Fitness (Aerobics)

A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required.

Deep Water Fitness (Aerobics)

This is a water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use some flotation devices to exercise

City Aquatics Teams

Swim Teams

This program focuses on learning competitive stroke technique, while emphasizing the benefits of personal improvement in a recreational team environment. Children will have the opportunity to participate in competitive recreational meets. Dual and tri-meets are held between pools around the valley, generally on Saturday mornings. Practice begins on May 30; a parent meeting will be held on first day during practice.

Participants need to be 6 yrs+ by the start of the program and able to demonstrate the following skills: swim 25 yards using the front crawl stroke, tread water and be comfortable on their back in deep water. Participants over 10 years of age should be familiar with competitive strokes and able to perform the following skills: swim 25 yards using the front crawl or freestyle, 25 yards of backstroke, be familiar with breaststroke and the dolphin or butterfly kick. A screening will be held the first day to test these skills. If the participant cannot complete these skills, he or she can be reassigned to lessons or receive a refund. The annual Arizona Parks and Recreation Association Swimmers' Classic State Meet will be held on Saturday, July 28 at Kino Pool in Mesa. Participation in this meet is optional and requires an additional registration fee.

Kiwanis Piranhas

30339	11-17 yrs	M-Th	5/30-7/26	8-9 a.m.	\$64
30340	7-10 yrs	M-Th	5/30-7/26	9-10 a.m.	\$64

Escalante Barracudas

30371	All Ages	M-Th	5/30-7/26	8:30-9:30 a.	m. \$50
30372	All Ages	M-Th	5/30-7/26	7:15-8:15 p.	m. \$50

Kiwanis Park Wave Pool

Come splash and play in Kiwanis' indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit; children under age eight must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

May Wave Pool Hours:

Saturday Waves:	May 5-26	Noon-3 p.m./3:30-6:30 p.m.
Sunday Mayor.	May 6-27	1_5 n m

June Wave Pool Hours

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Monday-Friday Wayes	June 1-29	1-5 p m

Saturday Waves: June 2-30 Noon-3 p.m./3:30-6:30 p.m.

Sunday Waves: June 3-24 1-5 p.m.

July Wave Pool Hours

Monday-Friday Waves: July 2-27 1-5 p.m. Saturday & Sunday Waves: July 1-29 1-5 p.m.

August Wave Pool Hours

Saturday & Sunday Waves: August 4-26 1-5 p.m.

Special Holiday Wave Pool Hours

May 28 1-5 p.m. July 4 1-5 p.m. September 3 1-5 p.m.

Wave Pool Fees

Youth Admission (2-12 yrs) \$5 General Admission (13 yrs+) \$7

Mid-Day Wave Hour Rates:

(Not available on split session wave days)
Youth Admission (2-12 yrs) \$4
General Admission (13 yrs+) \$5

*No other discounts maybe used with this discount

Lap Swimming Hours:

Effective May 28-August 4

Monday-Thursday 7-9 a.m.* Friday 7-9 a.m.* Monday-Thursday 5:15-8 p.m.* Saturday 8-11 a.m.*

*Except during private rentals

Lap Swim Admission Fees:

Youth Admission (2-12 yrs) \$3 General Admission (13 yrs+) \$4

Multiple-Use Cards for Laps/Open Swim:

30-day unlimited \$39 10 admissions \$35

Junior Lifeguard Program

This is a Summer Volunteer Program for youth, ages 13-15, who are interested in becoming a lifeguard. The program will provide opportunities for participants to experience many of the facets of day-to-day lifeguarding, as well as teaching swim lessons.

Interested participants must complete an application, which can be obtained at the Kiwanis Recreation Center or by visiting: www.tempe.gov/pools/jrguards. Application deadline is May 1; the most qualified applicants will be contacted and scheduled for interviews. Candidates will be selected based on the needs of the City of Tempe pools. Selected Junior Guards will receive training on how to assist in First Aid, CPR and Water Safety Instruction during a mandatory training session on June 1

Junior Guards who have completed the mandatory training will be given work schedules for programs beginning June 4.

Selection for this program does not guarantee future employment with the City of Tempe Aquatics Program.

Session IV

Kiwanis Pool Morning Swim Lesson Schedule 480-350-5201 Classes meet four days a week (Monday-Thursday) for two weeks. Fees for Swim Classes: \$46

Time

Session I

Class Title



		6/4-6/14	6/18-6/28	7/9-7/19	7/23-8/2		
Parent-Assisted Classes							
Star Infants	10:10 a.m.	30138	30139	30140	30141		
Star Tot	9:35 a.m.	30168	30169	30170	30172		
Star Shrimps	11:20 a.m.	30148	30149	30150	30151		
	Sea Ho	orse Swim Scho	ol; Ages 3-5 y	rs			
Sea Horse White	9:35 a.m. 10:10 a.m. 10:45 a.m. 11:20 a.m.	30066 30062 30469 30833	30067 30063 30070 30834	30068 30064 30071 30835	30832 30065 30072 30836		
Sea Horse Red	9:35 a.m. 10:10 a.m. 10:45 a.m.	30025 30029 30021	30026 30030 30022	30027 30031 30023	30028 30032 30024		
Sea Horse Yellow	9:35 a.m. 10:10 a.m. 10:45 a.m.	30106 30110 30114	30107 30111 30115	30108 30112 30116	30109 30113 30117		
Sea Horse Blue	10:10 a.m.	29999	30000	30001	30002		
Sea Horse Green	10:45 a.m.	30014	30015	30016	30017		
	Starf	ish Swim Schoo	ol; Ages 6 yrs+				
Starfish White/Red	9:35 a.m. 10:45 a.m. 11:20 a.m.	30473 30295 30305	30474 30296 30306	30475 30297 30307	30476 30298 30308		
Starfish Yellow	10:10 a.m. 11:20 a.m.	30321 30325	30322 30326	30323 30327	30324 30328		
Starfish Blue	10:45 a.m. 11:20 a.m.	30253 30257	30254 30258	30255 30259	30256 30260		
Starfish Green	10:45 a.m. 11:20 a.m.	30275 30279	30276 30280	30277 30281	30278 30282		
Starfish Stroke School; Ages 6 yrs+							
Starfish Stroke White/Red	10:45 a.m.	30217	30218	30219	30220		
Starfish Stroke Yellow	10:10 a.m. 10:45 a.m.	30229 30233	30230 30234	30231 30235	30232 30236		
Starfish Stroke Blue	11:20 a.m.	30186	30187	30188	30189		
Starfish Stroke Green	11:20 a.m.	30201	30202	30203	30204		

Session II

Session III



Want to keep a good class going? Register early!

Aquatics

Kiwanis Pool Evening Swim Lesson Schedule 480-350-5201 Classes meet twice a week (Monday/Wednesday) for four weeks. Fees for Swim Classes: Sessions I, III are \$46, Session II is \$35 for six lessons

Class Title	Time	Session I 6/4-6/27	Session II 7/9-7/25*	Session II 7/30-8/22			
Parent-Assisted Classes							
Star Babies	6:40 p.m.	30135	30136	30137			
Star Infants	6:05 p.m.	30145	30146	30147			
Star Tot	5:30 p.m. 7:15 p.m.	30175 30178	30176 30179	30177 30180			
Star Shrimps	6:40 p.m. 7:15 p.m.	30158 30161	30159 30162	30160 30163			
Sea	a Horse Swim S	chool; Ages 3-	5 yrs				
Sea Horse White	5:30 p.m. 6:05 p.m. 6:40 p.m. 7:15 p.m.	30083 30086 30089 30092	30084 30087 30090 30093	30085 30088 30091 30094			
Sea Horse Red	6:05 p.m. 6:40 p.m. 7:15 p.m.	30042 30045 30048	30043 30046 30049	30044 30047 30050			
Sea Horse Yellow	5:30 p.m. 6:05 p.m. 6:40 p.m.	30118 30121 30124	30119 30122 30125	30120 30123 30126			
Sea Horse Blue	5:30 p.m. 6:40 p.m.	30003 30006	30004 30007	30005 30008			
Sea Horse Green	6:05 p.m.	30018	30019	30020			
S	tarfish Swim Sc	:hool; Ages 6 y	rs+				
Starfish White/Red	5:30 p.m. 6:05 p.m.	30302 30299	30303 30300	30304 30301			
Starfish Yellow	6:05 p.m. 6:40 p.m.	30332 30329	30333 30330	30334 30331			
Starfish Blue	5:30 p.m. 7:15 p.m.	30264 30261	30265 30262	30266 30263			
Starfish Green	7:15 p.m.	30283	30284	30285			
SI	arfish Stroke S	chool; Ages 6 y	rs+				
Starfish Stroke White/Red	6:05 p.m.	30214	30215	30216			
Starfish Stroke Yellow	5:30 p.m. 6:40 p.m.	30237 30240	30238 30241	30239 30242			
Starfish Stroke Blue	5:30 p.m. 7:15 p.m.	30190 30193	30191 30194	30192 30195			
Starfish Stroke Green	7:15 p.m.	30205	30206	30207			
	Adult	Lessons					
Adult Beg.	7:50 p.m.	29988	29989	29990			
Adult Inter.	7:50 p.m.	29982	29983	29984			
Adult Stroke Improvement	7:50 p.m.	29985	29986	29987			





Session II

Session II

Kiwanis Pool Tuesday/Thursday Classes 480-350-5201 Classes meet twice a week for four weeks. Fees for Swim Classes: Sessions I, III are \$46, Session II is \$35 for six lessons

Time |

Session I

Class Title



		6/5-6/28	7/10-7/26*	7/31-8/23			
Parent-Assisted Classes							
Star Babies	6:40 p.m.	30132	30133	30134			
Star Infants	5:30 p.m.	30142	30143	30144			
Star Tot	6:05 p.m.	30173	30174	30171			
Star Shrimps	5:30 p.m.	30152	30153	30154			
	6:40 p.m.	30155	30156	30157			
Sea	Horse Swim	School; Ages 3-	5 yrs				
Sea Horse White	6:05 p.m.	30080	30081	30082			
	6:40 p.m.	30074	30075	30076			
	7:15 p.m.	30077	30078	30079			
Sea Horse Red	5:30 p.m.	30033	30034	30035			
	6:05 p.m.	30036	30037	30038			
	6:40 p.m.	30039	30040	30041			
	7:15 p.m.	30053	30054	30055			
Sea Horse Yellow	5:30 p.m.	30101	30102	30131			
	6:05 p.m.	30103	30104	30105			
Sea Horse Blue	5:30 p.m.	29993	29994	29995			
	6:40 p.m.	29996	29997	29998			
Sea Horse Green	5:30 p.m.	30011	30012	30013			
St	arfish Swim S	chool; Ages 6 y	rs+				
Starfish White/Red	6:05 p.m.	30286	30287	30288			
	6:40 p.m.	30289	30290	30291			
	7:15 p.m.	30292	30293	30294			
Starfish Yellow	5:30 p.m.	30315	30316	30317			
	6:40 p.m.	30318	30319	30320			
Starfish Blue	6:05 p.m.	30247	30248	30249			
	7:15 p.m.	30250	30251	30252			
Starfish Green	5:30 p.m.	30269	30270	30271			
	6:40 p.m.	30272	30273	30274			
Starfish Stroke School; Ages 6 yrs+							
Starfish Stroke White/Red	6:05 p.m.	30208	30209	30210			
	7:15 p.m.	30211	30212	30213			
Starfish Stroke Yellow	5:30 p.m.	30223	30024	30025			
	6:40 p.m.	30226	30027	30028			
Starfish Stroke Blue	6:05 p.m.	30183	30184	30185			
Starfish Stroke Green	6:05 p.m.	30198	30199	30200			



Want to keep a good class going? Register early!

Aquatics

Kiwanis Pool Saturday Classes Classes meet once a week for six weeks. Fees for Swim Classes: \$35. 480-350-5201 * No class on July 7

Class Title	Time	Session I 6/2-7/14*	Session II 7/21-8/25				
Parent-Assisted Classes							
Star-Tot	10:10 a.m.	30181	30182				
Star-Shrimps	9:35 a.m.	30164	30165				
Sea Ho	rse Swim So	hool; Ages 3-5	yrs				
Sea Horse White	9 a.m. 9:35 a.m. 10:10 a.m. 10:45 a.m.	30095 30527 30096 30099	30097 30528 30098 30100				
Sea Horse Red	9 a.m. 9:35 a.m.	30051 30052	30056 30057				
Sea Horse Yellow	9:35 a.m. 10:10 a.m.	30129 30127	30130 30128				
Sea Horse Blue	10:10 a.m.	30009	30010				
Starfi	sh Swim Scl	nool; Ages 6 yrs	5 +				
Starfish White/Red	10:45 a.m.	30313	30314				
Starfish Yellow	10:10 a.m. 10:45 a.m.	30337 30335	30338 30336				
Starfish Blue	9 a.m.	30267	30268				
Starfi	sh Stroke Sc	hool; Ages 6 yr	S+				
Starfish Stroke White/Red	9 a.m.	30221	30222				
Starfish Stroke Yellow	9:35 a.m. 10:45 a.m.	30243 30244	30245 30246				
Starfish Stroke Blue	9 a.m.	30196	30197				
	Adult L	essons					
Adult Beg.	10:45 a.m.	29991	29992				

Tempe Opportunities Brochure now available for pick-up at Tempe Fry's Food Stores!



Kiwanis Pool Water Aerobics Schedule

Class Title	Day	Time				
Pool V	Pool Water Aerobics 5/28-8/4					
Deep Water	M/W	6:40 p.m.				
Water Fitness	M/W	8 a.m.				
	M/W	5:30 p.m.				
	T/Th	8 a.m.				
	T/Th	6:40 p.m.				
	Sa	9 a.m.				

Program Card Fees – Water Fitness

4 Workouts: \$16 / 6 Workouts: \$24 / 8 Workouts: \$32 Purchase cards at Kiwanis Front Desk; classes are on-going



Exercise; Aqua Zumba®

Known as the Zumba® "pool party". Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, laughing, hooting and hollering are often heard during a class. Integrating the Zumba philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardioconditioning, body-toning, and most of all, exhilarating beyond belief. Fee: \$50. Pay as you go for \$5 per class. 480-350-5200

Escalante Pool

2150 E. Orange Street • 480-350-5204 May 26-August 7

Fees:

Children under 6 yrs FREE Children 6-17 yrs \$.75 Adults 18 yrs+ \$1.25

Recreation Swim:

Monday-Thursday1-5 p.m.Friday1-7 p.m.Saturday1-5 p.m.Sunday1-6 p.m.

Holiday Hours:

May 28 1-5 p.m. July 4 1-5 p.m.

Summer Swimming Pool Passes (Not Valid at Kiwanis Wave Pool)

20-Punch Pass

Entitles user 20 admissions for recreational swim at Escalante Pool. Available for sale beginning May 26.

30579 Youth \$11 6-17 yrs Adult \$19 17-65 yrs Senior \$11 65 yrs+

Season Swim Pass

Entitles user to admission for recreational swim at Escalante Pool. Available for sale beginning May 26.

30580	Youth	\$19	6-17 yrs
	Adult	\$31	17-65 yrs
	Senior	\$19	65 yrs+
	Family	\$57	•



Senior Water Fitness

A fitness class designed for the senior exerciser (50 yrs+) incorporating warmups, 25 to 40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required. Fee: None. 480-350-5200

Session One

NO CODE 50 yrs+ W 6/6-6/27 9:45 a.m. ESCA **Session Two**NO CODE 50 yrs+ W 7/11-8/1 9:45 a.m. ESCA

Escalante Pool Evening Swim Lesson Schedule
Tuesday/Thursday Classes
Classes meet twice a week for four weeks.
Fees for swim classes: Session I: \$27;
*Session II: \$19.50 for six lessons.
480-350-5201

Class Title	Time	Session I 6/5-6/28	Session II 7/10-7/26*		
	Parent-Assis	sted Classes			
Star-Tot	5:30 p.m.	30359	30360		
Star-Shrimps	6:05 p.m.	30357	30358		
Sea Ho	rse Swim So	hool; Ages 3-5	yrs		
Sea Horse White	5:30 p.m. 6:05 p.m. 6:40 p.m.	30347 30349 30351	30348 30350 30352		
Sea Horse Red	5:30 p.m. 6:05 p.m.	30343 30345	30344 30346		
Sea Horse Yellow	6:40 p.m.	30353	30355		
Sea Horse Blue	5:30 p.m.	30341	30342		
Starf	ish Swim Scl	hool; Ages 6 yr:	S+		
Starfish White/Red	5:30 p.m. 6:40 p.m.	30367 30529	30368 30530		
Starfish Yellow	6:05 p.m.	30369	30370		
Starfish Blue	6:40 p.m.	30365	30366		
Starfish Stroke School; Ages 6 yrs+					
Starfish Stroke White/Red	6:05 p.m.	30361	30362		
Starfish Stroke Yellow	6:40 p.m.	30363	30364		

Want to keep a good class going?
Register early!

